

Shopping list - 62 servings for \$100

Product	Quantity	Price
Meat		
Twin pack -whole chickens	2	\$ 27.98
Hellers precooked sausages	2kg	\$ 9.99
Prime beef mince	1 large pack	\$ 10.59
Fresh Vegetables		
Courgettes	0.110kg	\$ 0.77
Kumara - orange	0.760g	\$ 6.07
Broccoli	2	\$ 4.98
Mushrooms - white button	0.227g	\$ 2.61
Carrots	0.995g	\$ 1.28
Onions - brown	0.885g	\$ 1.14
Potatoes	4kg	\$ 5.99
Cauliflower	1	\$ 2.99
Frozen Vegetables		
Pams Stirfry mix	1kg	\$ 3.69
Pams Mixed veges	1kg	\$ 2.49
Sauces etc		
Pams tomatoes - chilli & Herb	3 tins	\$ 2.97
Heinz pasta sauce, tomato & Parmesan	1	\$ 2.99
Heinz pasta sauce, tomato and Roast Garlic	1	\$ 2.99
Diamond Risotto - Chinese flavour	350g box	\$ 4.19
Rolling meadow swiss grated cheese	500g	\$ 3.29
Maggi chicken gravy mix	1	\$ 0.80
Maggi onion soup mix	1	\$ 1.09
Value pasta - spirals	500g	\$ 0.94
Kings choice rice - basmati	1kg	\$ 2.79
Value dry pasta - spaghetti	500g	\$ 0.94
Items left over	Total on Receipt	\$ 103.56
Basmati rice - not used		\$ 2.79
Rolling meadow swiss grated cheese 1/2 pack left		\$ 1.65
TOTAL		\$ 99.12