

Chicken and Vegetable Pasta Bake



Ingredients

- 500g Dry Pasta
- 1 Whole cooked chicken – meat removed
or 3 chicken breasts
- 1 Onion - diced
- 500g Frozen Mixed Veges
- 1x Tin Diced Tomatoes
- 1x Jar Pasta Bake Sauce
- Cheese (optional)



Method

1. Slow cook whole chicken and remove the meat once cooked or
- Dice chicken breast and brown with the diced onion in a fry pan
2. Cook pasta according to packet directions
3. Add the frozen mixed veges to the cooked chicken and onion mix
4. Add Diced tomatoes and Pasta sauce to the chicken, onion and mixed veges
5. Combine with the pasta and top with cheese (if using), bake in oven until cheese is golden on the top.

** This recipe also works well with mince and tinned tuna